



Community Impact Opportunities

ROLE & DESCRIPTION	FREQUENCY	DURATION / NO. OF VOLUNTEERS	LOCATION
Swimming Programme Volunteers Assist clients during swimming sessions, ensure safety in the pool and work with staff to engage clients	Weekly / Bi-Weekly	Weekdays (2 hours) / 3 - 5 Volunteers	Toa Payoh
ABLE Chef Support Volunteers Assist clients during cooking classes, help set up and clean the area and ensure safe food handling	Weekly / Bi-Weekly	Weekdays (2 hours) / 2 - 3 Volunteers	Toa Payoh
Outreach Roadshow Volunteer Engage the public about ABLE's mission, distribute materials and answer queries, and support event logistics.	Every 2 Months	Weekdays (2 - 4 hours) / 3 - 10 Volunteers	Islandwide / Based on the locations we are permitted to hold the roadshow
ABLE Charity Golf and Dinner Support event coordination, assist guests and staff during the event and create a smooth guest experience!	Yearly	15th May 2025 11am - 9pm / 3 - 5 Volunteers	Tanah Merah Country Club
ABLE 15th Anniversary Charity Gala Dinner Help with setup and logistics, assist in guest ushering and ensure smooth coordination during the event	Yearly	26th Sept 2025 5pm - 10pm / 5 - 10 Volunteers	One Farrer Hotel