



# Community Impact Opportunities

ROLE & DESCRIPTION	FREQUENCY	DURATION / NO. OF VOLUNTEERS	LOCATION
<p><b>Programme Facilitator</b></p> <p>Provide guidance to our peer leaders (clients) in preparation and execution of the rehab programmes under the below categories:</p> <ul style="list-style-type: none"><li>1) Physical Wellness</li><li>2) Mental Wellness</li><li>3) Social Skills</li><li>4) General Knowledge</li><li>5) Activities of Daily Life</li><li>6) Technology</li></ul>	Monthly	<p><b>Weekdays</b> (2 hours) / 10 Volunteers</p> <p><small>*Ability to interact with members with mental health conditions and provide basic programme management</small></p>	Yishun
<p><b>Sports Facilitator</b></p> <p>Provide guidance to the peer leaders (clients) in preparation and execution of the sports programmes in our 'Physical Wellness' category.</p>	Monthly	<p><b>Weekdays</b> (2 hours) / 5 Volunteers</p>	Yishun
<p><b>Arts and Music Facilitator</b></p> <p>Provide guidance to the peer leaders (clients) in preparation and execution of the artistic programmes under our 'Art Therapy' category.</p>	Monthly	<p><b>Weekdays</b> (2 hours) / 5 Volunteers</p>	Yishun
<p><b>Event Facilitator</b></p> <p>Provide guidance to the peer leaders (clients) in preparing and executing any of these events:</p> <ul style="list-style-type: none"><li>1) Wellness Week</li><li>2) Sports Carnival</li><li>3) Festive Celebration</li><li>4) Kindness Festival</li><li>5) Holiday Programme</li><li>6) Christmas Party</li><li>7) Awards Ceremony - End of Year Party</li></ul>	Monthly	<p><b>Weekdays</b> (4 hours) / 15 Volunteers</p> <p><small>*Volunteers will also need to spend 2 hours for planning, 2 hours for pre-event preparation and 4 - 5 hours for execution</small></p>	Yishun
<p><b>Project Facilitator</b></p> <p>Provide guidance to the peer leaders (clients) and other clients in preparing and executing any of these projects:</p> <ul style="list-style-type: none"><li>1) North Newsletter</li><li>2) North Social Enterprise</li><li>3) North Garden</li><li>4) North Art Gallery</li></ul>	Monthly	<p><b>Weekdays</b> (2 hours) / 10 Volunteers</p> <p><small>*Ability to interact with members with mental health conditions and provide basic programme management</small></p>	Yishun